


Our Lady of the Valleys Parish



Parish Priest Father Tony Kearns
Churches Our Lady of Grace Church, 5 Palmer Crescent, Heretaunga (HTG)
 St Francis Xavier Church, 152 Stokes Valley Road. Stokes Valley (SV)
Sunday Eucharist Sat 5:30 pm Vigil (SV) 8:30 am (SV) and 10:30 am (HTG)
 Tuesday / Thursday 9:30 am (Stokes Valley)
Weekday Eucharist Wednesday/Friday 9:30 am (Heretaunga)
 Saturday 9:00 am (Heretaunga)
Adoration of Blessed Sacrament Friday 10:00 am to 6:00 pm (Heretaunga)
Reconciliation By appointment with Parish Priest
Presbytery and Parish Office 5 Palmer Crescent Tel (04) 972 4282
Parish Administrator Monday – Friday 9:00 am – 1:00 pm
Website www.olv.org.nz **E-mail** office@olv.org.nz pp@olv.org.nz
St Brendan's School 56 Palmer Cres Tel (04) 939 1909
Newsletter www.stbrendans.school.nz

20 th Sunday in Ordinary		READINGS	18 th August 2024
Time		YEAR B	
18 th August	1 st Reading 2 nd Reading Gospel	Proverbs 9: 1-6 Eph 5: 15-20 John 6: 1-58	
25 th August	1 st Reading 2 nd Reading Gospel	Joshua 24: 1-2, 15-18 Eph 5: 21-32 John 6: 60-69	
UPCOMING EVENTS			
Wed 21 st Aug	11.00 am	Anointing Mass at the Pettit Centre	
15 th Aug	7.30 am	Parish Liturgy Meeting	

PLEASE NOTE THERE WILL BE NO MASS AT 9.30 AM ON 21st AUGUST AT OLOG



CATHOLIC WOMEN'S LEAGUE

Fun Quizz

Teams 6-8 people for an evening of fun and enjoyment St Brendan's School Hall, Palmer Crescent, Friday 6th September 2024. 7.15pm for 7.30pm Start. Hosted by Upper Hutt & Heretaunga CWL
 Tickets \$10.00 per person available from:
 - Susan 970 3730 or Kathleen 027 659 0702
 Lucky Ticket Prizes & Raffles. Yummy Supper



MAORI PASTORAL CARE

A reminder that this coming week is Maori Pastoral Care. As usual your donations can be made through Automatic Payment, or envelopes which you have been provided with. For those who wish to make a donation but do not have the envelopes these are available in the foyer of both churches. The Māori Pastoral Care team provides advice and support for Māori and faith communities within the Archdiocese of Wellington.

THROUGH THE LENS OF THE GOSPEL

Jesus tells us that to have life we need more than physical nourishment. How have you been aware of deeper hungers? What has met that deeper longing in you?



Jesus tells us that it is not just something he gives us which will give us life, but himself in his life, death and resurrection. How has your faith in the person of Jesus fed you?

Jesus speaks about 'drawing life' from him. In day to day living what are the practices which support your faith and help you to draw life from Jesus?

The Eucharist is one of the ways in which we draw life from Jesus. Recall with gratitude how the Eucharist has been a source of nourishment and life for you.

Perhaps you can also think of human examples of people drawing life from one another. From whom have you drawn life? Who has been able to draw life from you?



ARCHDIOCESAN COMMISSION FOR ECOLOGY, JUSTICE AND PEACE

'The Eucharist is Jesus himself who gives himself entirely to us. *Nourishing ourselves* of Him and *abiding* in Him through Eucharistic Communion, if we do so with faith, *transforms our life*, transforms it into a gift to God and to our brothers and sisters. Nourishing ourselves of that "Bread of Life" means entering into harmony with the heart of Christ, assimilating his choices, his thoughts, his behaviour. It means entering into a dynamism of love and becoming people of peace, people of forgiveness, of reconciliation, of sharing in solidarity. The very things that Jesus did.'

Pope Francis, Angelus, 16 August 2015.

WHY WE DO THE THINGS WE DO?

What lessons should I learn from the Assumption of Mary?

Growing in holiness is similar to training in a sport. We need someone to show us how we can live our faith well. Mary is a model of sanctity. She shows us how to be faithful to God's will, living each day with confidence in God's mercy and love. At the Nativity, in Jesus' public ministry, and at the Crucifixion, we see her steadfast trust. She allows the Lord to use her life to accomplish his plan for her and for all of us. In the Preface of the Mass for the Assumption of Mary, we pray: 'For today the Virgin Mother of God was assumed into heaven as the beginning and image of your Church's coming to perfection and a sign of sure hope and comfort to your pilgrim people.'

It is this image of holiness that we strive to imitate. In the office, at home, or in our community, we look for signs of God's grace that call us to an ever greater love of him and each other. A greater awareness of God is a sign of our conversion of heart that lives the lessons Mary teaches.





PASTORAL PLAN

The Parish Pastoral Council together with input from a wide group including representatives from the liturgy committee, youth, parish groups, ethnic communities, and St Brendan's School have drafted a pastoral plan for our parish. They reflected on the key themes from the Synod 2021-2023 process adopted in the archdiocese and took on board results from the recent community survey. The plan covers six key areas and like all good plans, it needs feedback from you, the parish community and regular reviews so that it remains a living document that reflects our parish's aspirations.

You can read the draft plan pick up a copy from the foyer, or ring/email the office and we will send you a copy. Parish Council members will meet with various parish groups over June and July to gather feedback, and you can give us your feedback directly by 31 July. Simply:

- email the parish office: office@olov.org.nz
- discuss with Fr Tony or any Parish Pastoral Council member (see list in the church foyer)
- or provide any written comments to the Parish Office

We appreciate you taking the time to have your say. Once we have reviewed and made any updates to the plan, we'll publish a final version and identify action items for the next 12 months. Darrell Mellow, Chair, Parish Pastoral Council

MAINTENANCE OF PARISH ASSETS

If you notice any issues in or around our church buildings and other asset please let the Parish Office or any member of the Finance committee know. Arrangements can then be made as soon as possible to address the issue. With thanks from the Finance Committee



KPF LIFE IN THE SPIRIT PROGRAMME (KLSP) 2024

Come and experience the joy of encountering Jesus & His life-changing love Saturdays at 1pm, 3rd August to 24th November, 2024 - St. Bernadette's Church/Hall - 194 Naenae Road, Lower Hutt and St. Bernard's College Cafeteria - 183 Waterloo Road, Lower Hutt.

Please register at: <https://forms.gle/cBysnYz5i9a2PmZG8>

For more details, contact: Rey Cabauatan 027 571 2825 or Roy Cabauatan 022 569 2481.



Monday 26 August | 7pm – 9pm | Home of Compassion, Wellington

Don't miss this exciting opportunity to hear Fr. Shenan Boquet (USA) give an informative and engaging presentation about *Proclaiming the Gospel of Life in a Post-Christian Culture*. He will discuss the dignity of the human person and address the life and family issues of concern today. For more info contact Simon Archer: 021 400 729 | simon@fli.org.nz or visit fli.org.nz/speaking-tour-2024

RECEIVING COMMUNION AT HOME

Do you know of someone who is unable to attend Mass and would like to receive Communion? If you do then please contact the office 972 4282.





“For I was hungry and you gave me food”.

Thank you to all parishioners who support those in need with gifts of food and clothing. Nearby St Vincent de Paul shop receives any clothing lines suitable for resale, and these can be left in the Church foyer. Any other bulky lines, such as furniture, bedding or other household items would be gratefully received Please contact the Petone shop Ph 568 6408, to arrange enable a pick up to be arranged.

NEWSLETTER BY EMAIL

If you wish to receive the weekly parish newsletter by email please advise the Parish Office of your email address: office@olov.org.nz



MARIA CLARA & CRISOSTOMO IBARRA - THEIR LOVE STORY"

OLOV’s Melanie Avery and the Philippine community are producing a play “Maria Clara & Crisostomo Ibarra - Their Love Story” playing at the Upper Hutt Wesley Centre (1 Benzie Avenue) 2pm and 6pm on Saturday 31 August. Tickets are \$20 each and are available from Melanie Avery phone 0274 27 26 34

PLEASE REMEMBER IN PRAYER all who are sick and unwell, those affected by the COVID-19 virus, and those who are lonely. We pray also for those who have died recently, especially Joyce Owen, Catherine Richardson, Teresa Long, Donald Lumsden, Alesana Launiuvao, and Kathleen White. We pray also for those whose anniversaries occur around this time especially Michael O’Brien and Mary Kearns. May they rest in peace.



20th SUNDAY IN ORDINARY TIME



FOR THE YOUNG ONES

GROWING WITH THE *Gospel* CYCLE B



COLOR

Read the Gospel of the week and color the image.



20th Sunday in Ordinary Time • John 6:51-58

PUZZLE FOR YOU



O Be Careful!

So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. Ephesians 5:15-17 (NLT)

The puzzle is base on Ephesians 5:15-20

Y F I L L E D P Z H Y L M D D
J N F K C L H Z S J G H U C W
S W W I M T S Y R A U L S E R
E V C N I Y O N M N L V I Q O
H C A R E F U L F N N M C V X
Q S I V U O Z L Y P S N S C E
W P C R U G I U J S Z R J K I
S O N L V V T M M H O L R I K
W Z V A E H E A R T Q N S F F
P L B D M V T H A N K S G S O
V F W I R N E N I E H I S S G
M W I N E U C F R F T G Y X H
Y J S I Z D N E S D L A Z Z A
X Q E B D D E K X N D U O R X
M S D J T W S P U H W W Z O A

SONGS
MUSIC
FILLED

CAREFUL
DAYS
PSALMS

WINE
HYMNS
THANKS

HEART
LIVE
SPIRIT

EVIL
DRUNK
WISE