


Our Lady of the Valleys Parish



Parish Priest	Father Tony Kearns	
Church	Our Lady of Grace Church, 5 Palmer Crescent, Heretaunga (HTG) St Francis Xavier Church, 152 Stokes Valley Road. Stokes Valley (SV)	
Sunday Eucharist	Sat 5:30 pm Vigil (SV)	8:30 am (SV) and 10:30 am (HTG)
Weekday Eucharist	Tuesday / Thursday	9:30 am (Stokes Valley)
	Wednesday/Friday	9:30 am (Heretaunga)
	Saturday	9:00 am (Heretaunga)
Adoration of Blessed Sacrament	Friday	10:00 am to 6:00 pm (Heretaunga)
Reconciliation	By appointment with Parish Priest	
Presbytery and Parish Office	5 Palmer Crescent	Tel (04) 972 4282
Parish Administrator	Heretaunga	
Website	Monday – Friday	9:00 am – 1:00 pm
St Brendan's School	www.olv.org.nz	E-mail office@olv.org.nz pp@olv.org.nz
Newsletter	56 Palmer Cres	Tel (04) 939 1909
	schoolwebsites.school.nz/stbrendans/mailpoet/routeion/view_data/Wzg2LCJhNjBhNTMxMjUxNjIiLDAsMCwwLDFd.pdf	

5th Sunday in Ordinary Time YEAR B READINGS 04th February 2024

4 th Feb	1 st Reading 2 nd Reading Gospel	Job 7: 1-4, 6-7 Cor 9:16-19, 22-23 Mark 1:29-39	
11 th Feb	1 st Reading 2 nd Reading Gospel	Levi 13: 1-2, 45-46 Cor 10:31-11:1 Mark 1:40-45	

UPCOMING EVENTS		
6 th Feb	5:30 pm	Men's Group at Silverstream Bowling Club
7 th Feb	1:30 pm	Catholic Women's League at the Pettit Centre
9 th Feb	9:30 am	Opening Mass for St Brendan's at OLOG
14 th Feb	Various	ASH WEDNESDAY See later in bulletin for Mass times

ASHES FOR ASH WEDNESDAY



Parishioners are invited to bring their Palms from previous year's Palm Sunday service (if you have them) to leave in the basket in the foyer of the Church ready for Ash Wednesday. These will be burnt to provide the Ashes used to mark the beginning of Lent on 14th February. Thank you.



VOLUNTEER STOKES VALLEY – PRAYERS OF THE FAITHFUL

We have run out of volunteers from Stokes Valley for writing out the prayers for the Sunday Mass. This needs to be done just for two consecutive Sundays 4 times in a year. If you could help, please contact the office and you will be given all the information.



MASS TIMES FOR ASH WEDNESDAY 14th February

As in the past the following Masses will be celebrated on Ash Wednesday. Ashes will be imposed at them all.

6:30 am Mass at Our Lady of Grace Heretaunga
9:30 am Mass at Our Lady of Grace Heretaunga
7:30 pm Mass at St Francis Xavier Church, Stokes Valley

WEDNESDAYS OF LENT FROM 14th FEBRUARY

On each Wednesday in Lent there will be an additional Mass at Our Lady of Grace Church at 6:30 am for those who might like to choose this as a Lenten Observance.



CWL FEBRUARY MEETING

We invite all women of the Parish to our Garden Party and afternoon tea on Wednesday, 7th February at 1.30pm in the Pettit Centre.

Bring along something from your garden (maybe a few leaves of silver beet or a few flowers) or if you'd prefer an item from your pantry for our lucky number draw... everyone gets to take home a prize!

We are also collecting small toiletry items for patients at Lower Hutt hospital. We'd love to see you.

THROUGH THE LENS OF THE GOSPEL

Today's Gospel passage tells three stories to illustrate the various dimensions of the life and ministry of Jesus. There is food for thought in each of them.



The first story (vv. 29-31) is one of healing. You might reflect on times when you were sick in body, mind or spirit and someone was a 'Jesus person' to you, someone who 'took you by the hand and lifted you up'. Remember them with gratitude. Have there been times also when you did this for others?

The second story (vv. 32-34) adds another dimension. People are freed from demons. Have you had the experience of being freed from demons that imprisoned you: fear, anxiety, guilt, low self-esteem, addictions, bitterness, etc.? What was it like for you to get that freedom? Who were the 'Jesus people' who helped to free you?

The third story (vv. 35-39) has a number of different elements we can consider

- a) Jesus goes off to a desert place to pray. After a hectic day he felt the need for quiet to ground himself once more. In the busyness of life how do you keep in touch with what is going on inside yourself? How do you keep in touch with God? Where do you find your 'deserted place'? What difference does it make for you when you do succeed in taking time out?

- b) Jesus shows himself as a person seeking to break new ground. The disciples want him to continue ministry where he is. He wants to move on. What has been your experience of breaking new ground, moving beyond your comfort zone, or trying something you had not tried before? When has this had a life-giving effect for you?

SILENT MEDITATION/CONTEMPLATION

Our Christian Meditation Group began meeting every Monday afternoon from 29th January 2024. at Marian Court Prayer Room, 1 Perry St. from 1.30 pm to 2.30 pm - A talk and half an hour meditation is offered followed by a cup of tea. We welcome anyone interested to join us. Contact Sr Annette at Marian Court Ph 527 1216 or 022 534 2155.



SACRAMENTAL PREPARATION PROGRAMME 2024

Enrolments for the 2024 Sacramental Preparation Program are now open for those candidates who would like to receive the Sacraments of Reconciliation, Confirmation and First Eucharist.

Enrolments can be submitted on-line at www.olv.org.nz/sacraments/. Enrolment forms are also available in the foyer of both churches and the school. **The Programme starts on February 18th** as the Reconciliation portion happens over Lent. Any enquiries please contact Fr Tony or Debby Morgan, the Sacramental Programme Co-ordinator.

ADORATION OF THE BLESSED SACRAMENT



A wonderful opportunity to meet the King of Kings. Jesus in the Blessed Sacrament! Every Friday from 10:00 am to 6:00pm. He waits patiently for YOU to come and visit Him. Tell Him your problems; request His help in any situation, ask for strength and courage in your difficulties. He is always there for you! Love and Adore Him. Please contact the office for available time slots. 972 4282. Adoration will begin for 2024 on February 9th following the weekday Mass and continue for each Friday of school term time.

TITIPOUNAMU STUDY & JOY

Bible Stories - What do they mean?

Join us in unravelling Bible stories and looking for answers within a group, and with Bible Scholar Kieran Fenn fms.

Sundays, 04 Feb, 03 Mar, 07 Apr, 05 May 2024, 5-6pm (Zoom).

Koha

Please check out an introduction to the sessions, and register here:

<https://www.studyjoy.nz/2024/01/19/bible-stories-what-do-they-mean/>

The Mystery of Miracles

Mondays, 08/15/22/29 April 2024, 7-8.30pm

\$25/session or \$80/series, incl. study material.

<https://www.studyjoy.nz/2024/01/11/the-mystery-of-miracles/>

For more info see notice in church foyer



NEWSLETTER BY EMAIL

If you wish to receive the weekly parish newsletter by email please advise the Parish Office of your email address: office@olv.org.nz

CATHOLIC SOCIAL SERVICES

Volunteer Refugee Resettlement Co-Coordinator

This volunteer role requires a commitment of up to 8 hours per week.



Catholic Social Services (CSS) are looking for someone who is passionate about enabling former Refugees to get a great start in their new life in NZ.

CSS collaborates with Red Cross, Catholic, other parishes and community groups in the Wellington area providing household goods to assist in the resettlement of people arriving into NZ via refugee pathways. The coordinator role is to ensure the smooth running of the resettlement project so being organised is essential.

It is anticipated that there will be 7-10 intakes across a year.

For more information, please contact Wellington Catholic Social Services on 04 385 8642 or email reception@wn.catholic.org.nz

LIVING WATERS CAFÉ



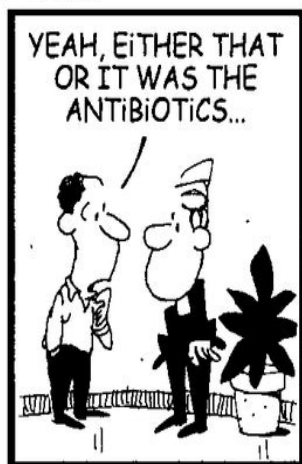
Sundays after 10:30am Mass at the Pettit Centre Heretaunga. All parishioners are welcome. The café is held in the Pettit Centre behind the church and operates most Sundays from 11:30 until 12:30. The café is run by volunteers. Tea, coffee and a light snack are served. Children are catered for also. Gold coin donation is welcome but not essential.

We are current short of volunteers who could serve the function of the 4th Sunday of each month. If you (or group of you) could assist please contact the Parish Office.



PLEASE REMEMBER IN PRAYER all who are sick and unwell, those affected by the COVID-19 virus, and those who are lonely. We pray also for those who have died recently, especially Mary Daly, and Ursula Poczwa. We pray also for those whose anniversaries occur around this time. May they rest in peace.

5th SUNDAY IN ORDINARY TIME



FOR THE YOUNG ONES

GROWING WITH THE *Gospel* CYCLE B



COLOR

Read the Gospel of the week and color the image.



5th Sunday in Ordinary Time • Mark 1:29-39

PUZZLE FOR YOU

Jesus Ministers in Galilee

So he traveled throughout Galilee, preaching in their synagogues and driving out demons. Mark 1:39

Based on Mark 1:29-39



V S H Z X U C N P N O D N J S
I I Z J C R R T Q E M K K J I
L M V J E H D B E D O C G F C
L O I O X P N E Q B S P I C V
A N P P S I C K R L Y D L Z Y
G L R J Z W E W K R N X J E N
E V E N I N G H O A A A G O G
S C A V D Z X O H R G N H Y U
X Q C O X A D E L Q O D E W J
H T H R Q T O W N C G R L S A
U E R J K Q T I E O U E P U M
T J A H E R Y U P T E W E N E
F O D L L S D E M O N S D S S
M H H B E I U H S M I U F E J
R N Z E A D P S F E V E R T A

FEVER
SUNSET
JOHN
HEALED

SIMON
VILLAGES
SYNAGOGUE
TOWN

HAND
PREACH
PEOPLE
EVENING

DOOR
BED
JESUS
JAMES

ANDREW
DEMONS
HELPED
SICK